

## MEMORY LANTERNS—A MEMORIAL CRAFT

Memory lanterns are something that we make a lot with the children and youth who access our grief support programs here at the Langley Hospice Society. It's a great memorial craft activity for children and youth of all ages, and a creative way to acknowledge, honor and remember their special person. Memory lanterns are easy and inexpensive to make, and can be made using many supplies you may already have in your home. There are many ways to decorate a memory lantern, but I will be using tissue paper and Mod Podge today.

### INSTRUCTIONS FOR YOUR MEMORY LANTERN:

1. Cut your tissue paper into shapes. We chose to do hearts, but you could do circles, stars, squares or whatever shape you want.
2. Write on each shape. We included fun facts about our person, their attributes, what they liked and disliked, their name, their role and special memories.
3. Dip your paint brush into the Mod Podge container and apply a thin coat right on the glass jar. Carefully smooth each shape on top—be careful with this step. It's okay if they overlap, as you can still see the writing when the Mod Podge dries.
4. Paint a coat of Mod Podge over top.



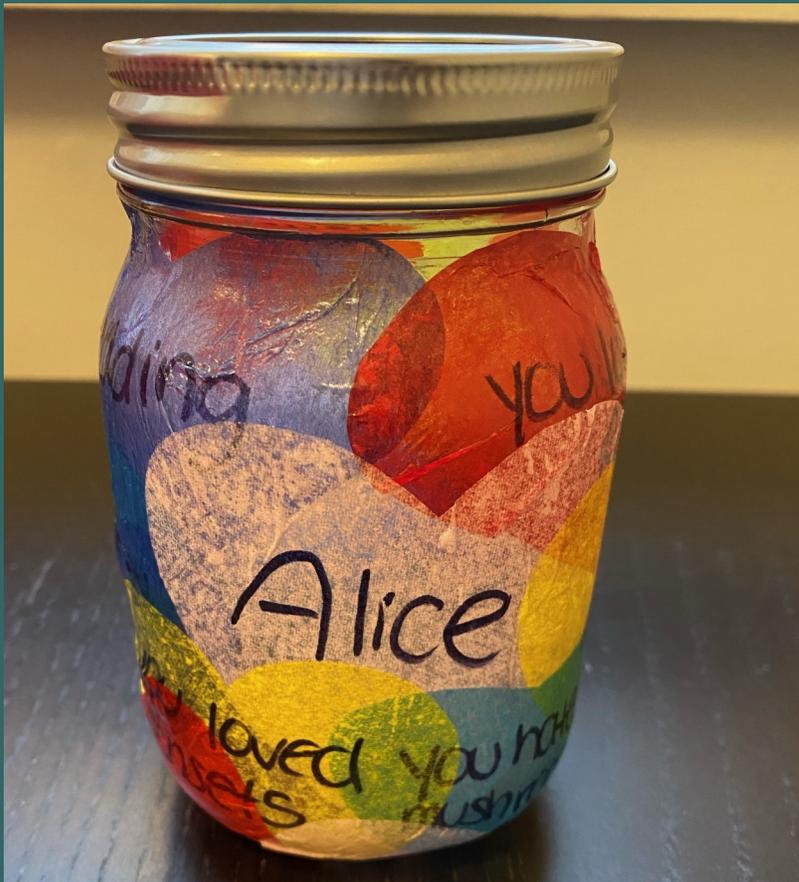
### MEMORIAL LANTERN—SUPPLIES NEEDED:

- tissue paper in a variety of colors—you can choose colors that have a special or significant meaning to you or any colors you like
- scissors
- black Sharpie or permanent marker
- paint brush
- Mod Podge
- 500ml glass jar - you can use a Mason jar, a canning jar, a recycled pasta sauce jar etc.
- lantern filler—we will be using colored rice, but you can use glitter for some extra sparkle, or
- gravel and sand will work as well.
- Electric/battery operated tea light

### TO MAKE COLOURED RICE:

#### Supplies Needed:

- white rice
  - food coloring
  - bowls
  - spoons
  - cookie sheets
  - white vinegar
1. Place the rice into a bowl and stir in food coloring. You can mix a tsp. of white vinegar to help disperse the food coloring, although this is not always necessary.
  2. Spread the rice onto a cookie sheet and leave for 24 hours to dry.
  3. Use a separate bowl and cookie sheet for each color you want to make.



**Langley Hospice Society**

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