

WHAT IS A DEATH DOULA?

HOLDING SPACE FOR LIFE'S FINAL CHAPTER

WEDNESDAY, JANUARY 7
FROM 2-3:30PM (LIVE ET)

Presented by Beth Montgomery,
Certified Death Doula

This is a **NO COST** webinar and is approved for 1.5 CEUs. You will receive a Zoom link to the webinar upon registration. Detailed information about how to claim your credits will be provided during the webinar. Presentation materials can be provided upon request.



REGISTER USING
THE QR CODE
OR VISIT
bit.ly/deathdoula26

HIGHMARK
**CARING
PLACE** 
finding hope in grief

We plan for births, weddings, even vacations - yet when it comes to death, most families are left unprepared. Death doulas are changing that. This talk invites you to discover how death doulas walk alongside families, help transform fear into connection, and support both the dying and the living through the most universal human experience. You'll leave with insights, practices, and resources that will change how you think about (and show up for) death.

OBJECTIVES

Following this training, participants will be able to:

1. Understand the unique contributions of death doulas in easing end-of-life transitions and filling common gaps in care.
2. Explore the concept of anticipatory grief and how doulas support both patients and families in navigating it.
3. Learn simple, transferable skills for cultivating presence and offering meaningful support at the bedside or in conversation.

AMA PRA Category 1 Credit TM

Allegheny General Hospital is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Allegheny General Hospital designates this live activity for a maximum of 1.5 AMA PRA Category 1 CreditsTM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CE for Psychologists

Allegheny Health Network is approved by the American Psychological Association to offer continuing education for psychologists. Allegheny Health Network maintains responsibility for the program and its content. This course is approved for 1.5 APA Credits.

CE for Social Workers

Social Workers may claim credits for attending educational courses and programs delivered by pre-approved providers, such as the American Psychological Association (refer to CE for Psychologists above). For verification, please refer to Continuing Education Regulations §47.36 #6) (ix) found at www.dos.state.pa.us/social. Certificates of attendance will be awarded following the conference provided a completed evaluation form is submitted.

CE for Nurses

Allegheny Health Network West Penn Hospital is approved as a provider of nursing continuing professional development by Pennsylvania State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This offer is pending approval for nursing contact hours.



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