

WHEN GRIEF TAKES A TOLL

SUPPORTING THOSE WHO SUPPORT OTHERS

**WEDNESDAY, MAY 6
FROM 2-3:30PM (LIVE ET)**

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This is a NO COST webinar and is approved for 1.5 CEUs. You will receive a Zoom link to the webinar upon registration. Detailed information about how to claim your credits will be provided during the webinar. Presentation materials can be provided upon request.



To register, use the QR
code to the left or visit

bit.ly/grieffalksmay2026



For those dedicated to supporting others, the emotional landscape can be challenging, especially when personal grief intersects with professional roles. This webinar explores how our deepest personal experiences and past struggles can become profound sources of understanding and connection in our work.

Join us as we examine how navigating adversity can uniquely deepen our capacity for empathy, both in our roles providing direct support as well as supervising others, all while being mindful of the importance of boundaries and self-care in the emotionally demanding field of grief work.

OBJECTIVES

Through this webinar, participants will be able to:

1. **Describe** how personal experiences with grief can enhance empathy and understanding when supporting grieving individuals.
2. **Identify** the importance of boundaries and the role of supervision in grief work.
3. **Recognize** the signs of compassion fatigue and the importance of proactive self-care in emotionally demanding roles.

AMA PRA Category 1 Credit TM
Allegheny General Hospital is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Allegheny General Hospital designates this live activity for a maximum of 1.5 AMA PRA Category 1 CreditsTM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CE for Psychologists
Allegheny Health Network is approved by the American Psychological Association to offer continuing education for psychologists. Allegheny Health Network maintains responsibility for the program and its content. This course is approved for 1.5 APA Credits.

CE for Social Workers
Social Workers may claim credits for attending educational courses and programs delivered by pre-approved providers, such as the American Psychological Association (refer to CE for Psychologists above). For verification, please refer to Continuing Education Regulations §47.36 #16) (d) found at www.dos.state.pa.us/social. Certificates of attendance will be awarded following the conference provided a completed evaluation form is submitted.

None of the presenters has any conflicts to disclose.



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