

SHATTERED RAINBOWS

STORIES OF GRIEF & RESILIENCE
IN THE LGBTQIA+ COMMUNITY

WEDNESDAY, SEPTEMBER 4
FROM 2-3:30pm (LIVE ET)

Presented by J. Coley Alston
Hugh Lane Wellness Foundation

Denija DuCasse, MS
Outreach & Education Coordinator, Highmark Caring Place

This is a NO COST webinar and is approved for 1.5 CEUs. You will receive a Zoom link to the webinar upon registration. Detailed information about how to claim your credits will be provided during the webinar. Presentation materials can be provided upon request.



To register, use the QR code to the left or visit bit.ly/GriefTalksRainbow. You MUST register no later than Tuesday, September 3.



Join us as we raise awareness and increase understanding of the unique experiences of grief within the LGBTQIA+ community, highlighting specific challenges and resiliencies. Our aim is to give a voice to the diverse stories of LGBTQIA+ individuals dealing with loss, ensuring their experiences are acknowledged and validated.

Practical coping strategies will be presented, along with resources that can help LGBTQIA+ individuals navigate their grief and find resilience. We will also examine an aspect of intersectionality rarely considered, by exploring how grief intersects with other aspects of identity, such as race, gender, and socioeconomic status, offering a comprehensive view of the multifaceted nature of grief in the LGBTQIA+ community.

OBJECTIVES

In this training, participants will:

1. Increase their understanding and awareness of the unique experiences of grief within the LGBTQIA+ community.
2. Take in the diverse stories of LGBTQIA+ individuals dealing with grief to cultivate empathy and compassion in supporting LGBTQIA+ friends, family, and community members in their times of loss.
3. Learn practical coping strategies and resources that can help LGBTQIA+ individuals navigate their grief and find resilience.

AMA PRA Category 1 Credit™
This activity has been planned and implemented in accordance with the essential areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through joint providership of Allegheny General Hospital and Highmark Caring Place. Allegheny General Hospital is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Allegheny General Hospital designates this live activity for a maximum of 1.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CE for Psychologists
Allegheny Health Network is approved by the American Psychological Association to offer continuing education for psychologists. Allegheny Health Network maintains responsibility for the program and its content. This course is approved for 1.5 APA Credits.

CE for Social Workers
Social Workers may claim credits for attending educational courses and programs delivered by pre-approved providers, such as the American Psychological Association (refer to CE for Psychologists above). For verification, please refer to Continuing Education Regulations 247.36 # (6) (ix) found at www.dos.state.pa.us/social. Certificates of attendance will be awarded following the conference provided a completed evaluation form is submitted.

